

Corporate Health Management (CHM)

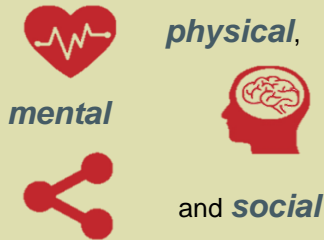
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CHM in the Field Structure



Definition of Health

„Health is a state of complete



Well-being and not merely the absence of disease or infirmity.“

-WHO, 1946

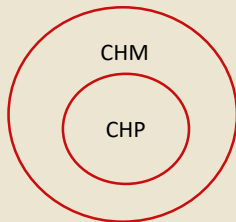
Why does the company have to manage health?



The change in our society is reflected, among other things, in the development of our jobs. Even in modern times, employees face a variety of complex mental and physical demands. CHM helps employees to find a balance between private and work life, move regularly and deal optimally with adverse environmental conditions. By doing so CHM enhances the satisfaction, performance and motivation of GIZ employees!

Policy: „To maintain employees' capacity to performance“

CHP or CHM?



The term Corporate Health Promotion (CHP) describes individual measures e.g. in the areas of nutrition, physical activity or work-life balance.

Corporate Health Management (CHM) includes these topics and more. Its main objective is to systematically establish and foster a shared, healthy corporate culture by planning and implementing a variety of measures for safeguarding and improving health in the company.

Productivity and long-term capacity to performance

